

NuBrain vs. Traditional BHB Salts & Standard Nootropics

MAIN FEATURE COMPARISON

| Feature | NuBrain | Traditional BHB Salts | Standard Nootropics |
|--|---|--|---|
| Dual-Action Ketone Technology | ✓ Yes – Immediate & Sustained Ketone Energy | ✗ No – Only Provides Temporary Ketones | ✗ No – Nootropics do not provide ketone-based brain fuel ⚠ |
| Supports Brain Energy & Focus | ✓ Yes – Enhances Cognitive Function & Mental Clarity | ✗ Partial – Short-Term Energy Boost Only | ⚠ Some nootropics enhance focus, but effects vary and lack metabolic energy support |
| Protects Against Cognitive Decline | ✓ Yes – Neuroprotective, Supports Memory & Brain Function | ✗ No – No Long-Term Brain Health Benefits | Some nootropics support neuroprotection, but lack sustained ketone energy for brain resilience |
| Prevents Brain Insulin Resistance (Type 3 Diabetes) | ✓ Yes – Restores Ketone Metabolism & Brain Energy | ✗ No – Does Not Address Metabolic Dysfunction | ✗ No – Nootropics do not influence ketone metabolism or insulin resistance ⚠ |
| Sustained Mental & Physical Energy | ✓ Yes – Steady Energy Without Crashes | ✗ No – Short-Term Energy, Often Causes Crashes | Some nootropics support energy but rely on caffeine or stimulants, leading to potential crashes |
| Metabolic Flexibility & Fat Burning | ✓ Yes – Supports Fat Metabolism & Ketone Utilization | ✗ No – Ketones Are Exogenous & Temporary | ✗ No direct impact on metabolism or fat burning |
| Supports Cardiovascular & Metabolic Health | ✓ Yes – Promotes Blood Sugar Regulation & Cardiovascular Function | ✗ No – Limited or No Cardiometabolic Benefits | ✗ No direct impact on cardiovascular function |
| Anti-Inflammatory & Longevity Benefits | ✓ Yes – Reduces Neuroinflammation & Supports Healthy Aging | ✗ No – No Direct Longevity Benefits | ✗ No direct anti-inflammatory or longevity benefits |